

CARINGBAH LEISURE CENTRE

GROUP FITNESS TIMETABLE - MARCH



Aqua



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00am	Deep 45 Robyn	Deep 45 Margaret	Deep 45 Eve	Deep 45 Margaret		
8:30am						Deep 45 Wendy
9:00am		Gentle 45 Margaret	Gentle 45 Eve	Gentle 45 Margaret		
7:30pm	Deep 45 Margaret					